

## RACQUETBALL

Two racquetball/walleyball courts available @ the Dalton YMCA. Reservations required.

Members: FREE

Guest: \$5 per hour

Or purchase a 7-visit punch card for \$25

## WALK 100

Walk at the Dalton YMCA. Keep track of your miles and receive a YMCA shirt when you complete 100 miles.

Members: Free

Non-Member: \$75 per year or \$25 for three months.

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Gold Sponsors:*

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# Adult Programs



## Orrville YMCA

1801 Smucker Road  
Orrville, OH 44667  
330-683-2153  
330-683-0068-fax

## Dalton YMCA

100 N. Kurzen Road  
Dalton, OH 44618  
330-682-1033  
330-682-0066-fax

## Email:

[info.ymca@zoominternet.net](mailto:info.ymca@zoominternet.net)

## Y Website:

[www.orrilledalton-ymca.org](http://www.orrilledalton-ymca.org)



A Partner Agency

**WE BUILD STRONG KIDS, STRONG  
FAMILIES, STRONG COMMUNITIES**

# ADULT PROGRAMS

## ADULT ADVANCED KARATE

Ages 13+ or green belt+

This class is for those students who have been invited by the instructor. We will be working on Kata (Forms), Sparring and Weapons that will be required for advancement to the higher ranks.  
8-Week Session: July 13 - Sept 2  
Registration: June 10 - July 3  
Tues, 7:00-8:15pm; Thur, 6:00-



7:00

Includes sparring on Thursdays, 6:00pm  
Fee: Member: \$65 Non-Member: \$95

## ADULT BEGINNERS/FAMILY KARATE

Family members participate together.

Registration in this class includes 1 additional class for each child.

6-Week Session: July 10 - Aug 21 (no class July 31)

Registration: June 10 - July 3

Please register at either Y facility.

Saturdays, 11:00am-noon

Fee: Member: \$95 Non-Member: \$150

## JUJITSU CLASS

8-Week Session: July 15 - Sept 2

Registration: June 10 - July 3

Please register at either Y facility.

Thursdays, 7:00 - 8:15ppm

Fee: Member: \$45 Non-Member: \$65

This class sign up is only Jujitsu students who are not taking karate. Karate students who are signed up for karate do not have to sign up for this class, but may attend.

**\*Sign up anytime--we will pro-rate.**

## ADULT SWIM LESSONS

Fall dates and times to be announced.

Member \$25  
Non - Member \$40



## RACQUETBALL LEAGUE

Dalton YMCA

Session begins in the fall

Registration: TBA

Times to be announced. Players choose.

Players must turn in tally/score sheets after each match.

Fees: Member: FREE Non-Member: \$25

## ADULT BASKETBALL TOURNAMENT

Dalton YMCA

Session: Begins in the fall

Registration: TBA

Fee: \$240 per team

Winning team gets \$200. Second place gets \$100.

## WOMEN'S BASKETBALL LEAGUE

Orrville Christian Church, 925 N. Elm St

Tuesdays 6:00 - 7:00

Session: Sept 7 - Oct 26

Registration forms due by Aug 7

Fees: \$160 per team or \$20 per person

## BELLY DANCING

Dalton YMCA

**Intermediate:**

Wednesdays 6:00 - 7:00

Sessions reconvene in the fall

Registration: TBA

New registrants must contact

Nichole before joining. 330-285-0947

Fees: Member: \$35

Non-Member: \$45



## LINE DANCING

Orrville Studio

Sessions reconvene in the fall

Registration: TBA

Intermediate: Thurs 7:00-8:00pm

Fees: Member: \$25

Non-Member: \$35

Instructor—Winnie Wyant



## MEN'S BASKETBALL

Wayne College

Session: Begins in the fall

Registration: TBA

Fee: \$225 per team

Contact Bob Witmer at the Orrville Y.