



MY Y IS MORE

WINTER 2018 PROGRAM GUIDE



ORRVILLE YMCA

1801 SMUCKER RD, ORRVILLE OH 44667 330 683-2153

DAYS	BUILDING HOURS	POOL HOURS*	CHILD WATCH HOURS*
Mon - Thurs	5:30AM—9:00PM	5:45AM—8:30PM See Pool Schedule	9:00-11:30am 5:00-7:00pm
Fri	5:30AM—8:30PM	5:45AM—3:30PM	9:00-11:00am
Sat	8:00AM—4:00PM	11:30—3:30PM	8:00-10:30am
Sun	1:00PM—4:00PM	1:00PM—3:30PM	*schedule subject to change

SESSIONS (6 WEEKS)	START DATE	END DATE
WINTER 1	Monday January 8, 2018	Saturday February 17, 2018
Registration begins:	Member: Monday Dec 18, 2017	Non-Member: Dec 20, 2017
Break Week	Monday, Feb 19, 2018	Saturday, Feb 24, 2018
WINTER 2	Monday, February 26, 2018	Saturday, April 7, 2018
Registration begins:	Member: Feb 12, 2018	Non-Member: Feb 14, 2018
Break Weeks	Monday, April 9, 2018	Saturday, April 14, 2018
SPRING	Monday, April 16, 2018	Saturday, May 26, 2018
Registration begins:	Member: Apr 2, 2018	Non-Member: Apr 4, 2018
Break Week	Monday, May 28, 2018	Saturday, Jun 2, 2018

2018 DATES TO REMEMBER:

Dec. 24 & 25, 17	CHRISTMAS EVE & CHRISTMAS DAY - YMCA CLOSED
Dec. 31 & Jan. 1	NEW YEARS EVE & NEW YEARS DAY - YMCA CLOSED
January 8	WINTER 1 SESSION BEGINS
February 12	WINTER 2 REGISTRATION BEGINS
February 26	WINTER 2 SESSION BEGINS
April 2	SPRING REGISTRATION BEGINS
April 16	SPRING SESSION BEGINS

Financial assistance available.
www.orrvilledalton-ymca.org

Thanks to the Orrville Area United Way for their generous support.



Updated 12/13/17

GROUP EXERCISE CLASS

LAND GROUP EXERCISE CLASSES

Classes included in membership unless otherwise denoted

For the most current group ex schedule visit
www.orrilledalton-ymca.org

	MON	TUE	WED	THU	FRI	SAT
DANCE FITNESS				5:30pm		
HI/LO	8:00am		8:00am		8:00am	
KETTLE BELL	10:15am 6:00pm					
QIGONG	10:15am				9:15am	
RIP60					9:15am	
SILVER SNEAKERS CLASSIC	10:15am @ Shady Lawn	10:15am	10:15am @ Shady Lawn	10:15am		
SPIN & SWIM		5:45am				
SPINNING			9:15am	6:45pm		
STEP IT UP		9:05am		9:05am		
STRENGTH TRAINING			6:05pm		10:05am	
TABATA		6:00pm				8:30am
TUNES 'n' TONING			10:05am	6:20pm		
YOGA		10:15am		10:15am		
ZUMBA®	9:15am 5:15pm		9:15am 5:15pm		9:15am	9:15am

*schedule subject to change

SPORTS AND RECREATION

<i>* Denotes classes that run every session</i>	Ages	Session	Day(s)	Time	Member	Non-Mem
BEGINNING DANCE*	3+	W1, W2, S	TH	4:30-5:15pm	\$25	\$49
T-BALL (at Orrville Christian Church)	3-6	S	M SA	6:15-7:10pm 10:00-11:30am	\$25 OCC \$20	\$49
INDOOR SOCCER (Orrville HS Multi-Purpose Facility)	3-6	W1	T	7:00-8:00pm	\$25	\$49
ARCHERY-Multi-Purpose Room	8-18	W1, W2, S	M	6:30-7:30pm	\$25	\$49
GYMNASTICS - PRESCHOOL	3-5	W1, W2, S	T	5:30-6:00pm	\$25	\$49
GYMNASTICS - PROGRESSIVE	6+	W1, W2, S	T	6:15-7:00pm	\$25	\$49

*schedule subject to change

Beginner Dance - Youth will discover the joy of moving through creative exploration of basic dance elements space, time, energy and effort; learning ballet warm-ups and stretching, acquiring musicality, and expressing the artist within themselves during free dance and choreography (props may include scarves, ribbon streamers, bean bags, small balls, etc.)

T-Ball - At Orrville Christian Church. This developmental program will emphasize fundamentals, basic skills and team play. *Volunteer coaches are needed and appreciated.*

Indoor Soccer - Winter Indoor Soccer will be held at the Orrville High School Multi-Purpose Facility. This developmental program will emphasize fundamentals, basic skills and team play.

Archery is a great way to be with friends and learn a new sport that's as old as history itself and changing every day. Whether your goal is to relax with a fun archery game, or develop skills to excel in world competition, archery has it all. Conducted in conjunction with the Wayne County Archers club, these classes are taught by skilled and certified archery coaches from the Wayne County Archers Club.

Preschool Gymnastics - An introduction to gymnastics and basic movement awareness for older tots and preschool age children. Children will be separated into skill/age appropriate groups after the 1st class of the session. Must be 3 years old to register.

Progressive Gymnastics - Gymnasts age 6 and up will develop self-esteem and body control, while progressing through various levels of skills.

WATER GROUP EXERCISE CLASS

WATER GROUP EXERCISE CLASSES

Classes included in membership unless otherwise denoted

For the most current group ex schedule visit
www.orrilledalton-ymca.org

	MON	TUE	WED	THU	FRI	SAT
AQUACISE	8:00am 9:10am		8:00am 9:10am		8:00am 9:10am	
AQUACISE LITE	10:00am		10:00am		10:00am	
AQUAJOG		9:15am		9:15am		
HYDRONAMICS						8:15am
SPIN & SWIM				5:45 am		
SPLASH	11:00am		11:00am		11:00am	

*schedule subject to change

SWIMMING LESSONS

Swim Class FEE FOR ALL LEVELS: 6 Week Sessions

1 day/week Member: \$25 Non-Member: \$49

For the most current pool schedule visit
www.orrilledalton-ymca.org

	MON	TUE	WED	THU	FRI	SAT
PARENT-CHILD—30 MIN (6mo-3 yrs)	5:30pm					11:00am
PRESCHOOL - 3 YEARS—KINDEGARDEN	MON	TUE	WED	THU	FRI	SAT
STAGE 1-2—45 MIN	6:00pm 7:00pm	11:15am 4:30pm		10:00am		10:15am
STAGE 3-4—45 MIN	6:00pm 7:00pm	4:30pm				10:15am
SCHOOL AGE—1ST GRADE & UP	MON	TUE	WED	THU	FRI	SAT
STAGE 1-2—45 MIN	6:00pm 7:00pm	4:30pm				10:15am
STAGE 3-4—45 MIN	6:00pm 7:00pm	4:30pm				10:15am
STAGE 5-6—45 MIN	6:00pm 7:00pm	4:30pm				
HOMESCHOOL (\$30/6WKS)	12:15pm					

*schedule subject to change

SWIM TEAM



The Orrville Otters Swim Team is for girls and boys ages 5-18 and is designed to provide opportunities for each athlete to build a healthy spirit, mind and body as part of a team in the sport of competitive swimming.

Information flyers are available at the Y beginning in April for the Summer Season. YMCA Membership is required for Swim Team.

FEE: Otters Team: \$100

BEFORE & AFTER SCHOOL CARE / SUMMER DAY CAMP

PREPARING KIDS TO SOAR



A combination of quiet active learning and structured play will be provided each day. Our before and after school program serves children in kindergarten through eighth grade and allows time for homework, and daily educational enrichment activities. Planning for day camp is going on now, and registration packets will be available in early April. New students are accepted as space allows. We are licensed through the Ohio Department of Job and Family Services. For more information and pricing information, please visit our website or give us a call (all contact information is on the cover). Financial Assistance is available.

2018 MEMBERSHIP PRICING *prices do not include sale tax

Category	Description	Start Up Fee	Monthly Rate	Annual Payment
Youth	Ages 6-14	\$25.00	\$15.00	\$180.00
Teen/Young Adult	Ages 15-20	\$50.00	\$24.50	\$294.00
Adult	Ages 21-64	\$50.00	\$37.50	\$450.00
Couple	2 Adults	\$50.00	\$46.00	\$552.00
1 Adult Family	1 adult with all dependent children	\$50.00	\$47.00	\$564.00
Family	2 adults with all dependent children	\$50.00	\$49.50	\$594.00
Senior	Age 65+	\$50.00	\$31.00	\$372.00
Senior Couple	One age 65+	\$50.00	\$41.00	\$492.00

Benefits of being an Orrville YMCA Member:

- Unlimited use of wellness center and pool
- Group Exercise classes (land and water) included in your membership
- FREE Child Watch while you workout (when available)
- Member rates on classes, programs and childcare
- Priority class and program registration dates
- FREE fitness orientation
- Game room at the facility
- Nationwide Membership means you can visit over 600 participating YMCA's across the US.

