



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

GROWING STRONGER TOGETHER

FALL & WINTER ORRVILLE YMCA

1801 Smucker Road, OH 44667
 330 683 2153 orrvilledalton-ymca.org

| DAYS | BUILDING HOURS | CHILDWATCH |
|-----------|-----------------|-------------------------------------|
| Monday | 5:30am - 9:00pm | 8:00am - 11:30am 5:00pm - 7:00pm |
| Tuesday | 5:30am - 9:00pm | 9:00am - 11:30am 5:00am - 7:00pm |
| Wednesday | 5:30am - 9:00pm | 8:00am - 11:00am 5:00pm - 7:00pm |
| Thursday | 5:30am - 9:00pm | 9:00am - 11:30am 5:00am - 7:00pm |
| Fri | 5:30am - 8:30pm | 9:00am - 11:00am |
| Sat. | 8:00am - 4:00pm | 8:00am - 10:30am |
| Sun. | 1:00pm - 4:00pm | CLOSED |

| SESSIONS (4 WEEKS) | START DATE | END DATE |
|---------------------|-------------------------------|---------------------------------|
| FALL 1 | Tuesday, Sept. 4, 2018 | Saturday, Sept. 29, 2018 |
| Registration dates: | Member: Aug. 20, 2018 | Non-Member: Aug. 22, 2018 |
| FALL 2 | Monday, Oct. 1, 2018 | Saturday, Oct. 27, 2018 |
| Registration dates: | Member: Sep. 17, 2018 | Non-Member: Sep. 19, 2018 |
| FALL 3 | Monday, Oct. 29, 2018 | Saturday, Nov. 24, 2018 |
| Registration dates: | Member: Oct. 15, 2018 | Non-Member: Oct. 17, 2018 |
| WINTER | Monday, Nov. 26, 2018 | Saturday, Dec. 20, 2018 |
| Registration dates: | Member: Nov. 12, 2018 | Non-Member: Nov. 14, 2018 |



Financial assistance available.
www.orrvilledalton-ymca.org

Thanks to the Orrville Area United Way for their generous support.



GROUP EXERCISE CLASS

LAND GROUP EXERCISE CLASSES

Classes included in membership unless otherwise denoted

For the most current group ex schedule visit www.orrilledalton-ymca.org

| | MON | TUE | WED | THU | FRI | SAT |
|------------------------------------|------------------|---------|------------------|-------------------|---------|--------|
| CYCLING | | | 9:00am | 6:45pm | | |
| FUSION STRENGTH | | | 6:05pm | | | |
| HI/LO | 8:00am | | 8:00am | | 8:00am | |
| KETTLE BELL | 6:15pm | | | | | |
| QIGONG—MPR | 10:15am | | 10:15am | | | |
| RIP60—STUDIO B | | | | | 9:15am | |
| SILVER SNEALERS CARDIO CIRCUIT—MPR | | | 1:30pm | | | |
| SILVER SNEAKERS CHAIR YOGA—MPR | | | 12:30pm | | | |
| SILVER SNEAKERS CLASSIC—MPR | | 10:15am | | 10:15am | | |
| SPIN & SWIM—STUDIO B | | 5:45am | | | | |
| STEP IT UP | | 9:05am | | 9:05am | | |
| SUPER CORE & BALANCE | | | 6:05pm | | 10:15am | |
| TABATA | | 6:00pm | | | | 8:30am |
| TUNES 'n' TONING | | | 10:05am | 6:20pm | | |
| YOGA | | 10:15am | | 10:15am 6:15pm | | |
| ZUMBA® | 9:15am 5:15pm | | 9:15am 5:15pm | 5:15pm | 9:15am | 9:15am |

*schedule subject to change

WATER GROUP EXERCISE CLASS

WATER GROUP EXERCISE CLASSES

Classes included in membership unless otherwise denoted

For the most current group ex schedule visit www.orrilledalton-ymca.org

| | MON | TUE | WED | THU | FRI | SAT |
|-------------|------------------|--------|------------------|--------|------------------|--------|
| AQUACISE | 8:00am 9:10am | | 8:00am 9:10am | | 8:00am 9:10am | |
| AQUAJOG | | 9:15am | | 9:15am | | |
| HYDRONAMICS | | | | | | 8:15am |
| SPIN & SWIM | | | | | 5:45 am | |
| SPLASH | 10:15am | | 10:15am | | 10:15am | |

*schedule subject to change

SWIMMING LESSONS

We have introduced a new swim lesson schedule to help children develop skills and increase knowledge faster. This new twice a week program gives preschool and progressive swimmers more practice to develop confidence and stroke techniques. We have even added an additional class and have a built in make up day if needed.

| | | | | | | |
|---|-------------------|---------|---------|--|-----|-----|
| 1 day/week Parent Child Class: Orrville Y Member: \$20 Non-Member: \$40 | | | | For the most current pool schedule visit | | |
| 2 day/week Preschool & School Age: Orrville Y Member: \$30 Non-Member: \$60 | | | | | | |
| | MON | TUE | WED | THU | FRI | SAT |
| PARENT-CHILD - (6mo-3 yrs) | 5:15pm | 10:15am | | | | |
| PRESCHOOL - 3 YEARS-KINDERGARTEN | 11:15am 5:45pm | | 11:15am | 5:45pm | | |
| PROGRESSIVE - 1ST GRADE & UP | 6:35pm | | | 6:35pm | | |
| HOME SCHOOL | 12:10pm | | 12:10pm | | | |
| *schedule subject to change | | | | | | |

Swim Lesson Session Schedule - See session calendar on page 1.

KARATE

Children will learn respect, discipline and confidence in the Karate program at the YMCA. Classes are held in Studio B and class size is limited to 15. Family Members are FREE - must register.

| | Ages | Session | Day(s) | Time | Member | Non-Mem |
|-----------------------------|------|--------------------------|--------|-------------|--------|---------|
| BEGINNERS | 6-13 | 11/7-11/28 12/5-12/26 | W | 6:00-7:00pm | \$30 | \$35 |
| ADVANCED | 14+ | 11/7-11/28 12/5-12/26 | W | 6:00-7:00pm | \$30 | \$35 |
| *schedule subject to change | | | | | | |

SPORTS AND RECREATION

| | Ages | Session | Day(s) | Time | Member | Non-Mem |
|---|------|----------------------------|--------|----------------------------|--------|---------|
| GREAT BEGINNINGS (movement/development) | 1-2 | 10/29-11/19 11/26-12/17 | M | 5:15-5:45pm | \$16 | \$26 |
| PRESCHOOL GYMNASTICS | 3-5 | 10/29-11/19 11/26-12/17 | M | 4:30-5:00pm 6:00-6:30pm | \$26 | \$49 |
| SCHOOL AGE GYMNASTICS | 6-12 | 10/29-11/19 11/26-12/17 | M | 6:45-7:30pm | \$31 | \$57 |
| TINY KICKERS - Family Members FREE | 3-6 | 11/7-11/28 | W | 10:00-10:45am | \$20 | \$30 |
| LITTLE DRIBBLERS | 3-6 | 12/5-12/26 | W | 10:00-10:45am | \$20 | \$30 |
| *schedule subject to change | | | | | | |

Great Beginnings - Parent/child class where we will sing songs, movement stations, group games & obstacle courses

Preschool Gymnastics - Learn the basics on floor beam and bars in a fun environment.

School Aged Gymnastics - Emphasizes floor exercise only. Work on rolls, cartwheels, handstands, backbends & more

Tiny Kickers - Join us as we play games and do simple drills to introduce kids to soccer.

Little Dribblers - Join us as we play games and do simple drills to introduce kids to basketball.

CHILDCARE

*No Registration Fee/ Each Child needs a complete packet.
Financial Assistance Available



TOGETHERHOOD STARTS HERE

BEFORE AND AFTER SCHOOL 2018

| BEFORE SCHOOL CARE | Member | Non-Member |
|----------------------|----------|------------|
| Part-time (1-3 days) | \$19.00 | \$23.00 |
| Full-time (4-5 days) | \$31.00 | \$38.00 |
| AFTER SCHOOL CARE | Member | Non-Member |
| Part-time (1-3 days) | \$23.00 | \$27.00 |
| Full-time (4-5 days) | \$38.00 | \$45.00 |
| BEFORE & AFTER CARE | Member | Non-Member |
| Part-time (1-3 days) | \$42.00 | \$50.00 |
| Full-time (4-5 days) | \$69.00 | \$83.00 |
| FUN CLUB & SNOW DAYS | \$25/day | \$35/day |



CONTACT:
Anna Davis, Director of Youth Development
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330 683 2153

MEMBERSHIP PRICING *prices do not include sales tax

| Category | Description | Start Up Fee | Monthly Rate | Annual Payment |
|-----------------------|--------------------------------------|--------------|--------------|----------------|
| Youth | Ages 3-17 | \$25.00 | \$24.00 | \$288.00 |
| College | Enrolled in college | \$50.00 | \$29.00 | \$348.00 |
| Adult | 18+ | \$50.00 | \$38.00 | \$456.00 |
| Couple | 2 Adults | \$50.00 | \$53.00 | \$636.00 |
| 1 Adult Family | 1 adult with all dependent children | \$50.00 | \$50.00 | \$600.00 |
| Family | 2 adults with all dependent children | \$50.00 | \$60.00 | \$720.00 |
| Senior | Age 60+ | \$50.00 | \$30.00 | \$360.00 |
| Senior Couple | One age 60+ | \$50.00 | \$45.00 | \$540.00 |

* prices effective 11/01/2018

Benefits of being an Orrville YMCA Member:

- Unlimited use of wellness center and pool
- Group Exercise classes (land and water) included in your membership
- FREE Child Watch while you workout (when available)
- Member rates on classes, programs and childcare
- Priority class and program registration dates
- FREE Wellness Center orientation
- Game room at the facility
- Nationwide Membership means you have facility access to over 600 participating YMCA's across the US.

