



ORRVILLE YMCA AQUATIC PROGRAMS

SWIM TEAM

Competitive swimming builds cardiovascular health, flexibility, muscle tone, and much more. Goal setting, confidence, and self-discipline are benefits.

NEW IN 2018 – PRE-SEASON: A four-week period for new swimmers trying out for the swim team. A four-week period for conditioning and stroke development for current team members. Pre-season September 11 – October 5. Practice: Tuesdays, Wednesdays, and Fridays 4:30-5:30 for intermediate/advanced swimmers; 5:30-6:30pm for novice/beginning team swimmers.

- **Swimmers must demonstrate Stage 4 level swim lesson skills to join team**
- **Fee: Orrville or Wooster YMCA Member: \$45 Non-Members: \$75**
- **Registration begins September 4**
- **NOTE: ALL PAPERWORK AND FEES MUST BE IN PRIOR TO 1ST PRACTICE**

ORRVILLE YMCA TEAM: Designed to emphasize technique, endurance, sportsmanship, and most importantly, to have fun! To develop strong athletes, we believe that you must focus on more than just the physical aspect of training. Season October – February. Practice begins October 9: Tuesdays, Wednesdays & Fridays 5:30-7:00pm, Thursdays 7:15-8:30pm (note later time).

- **Must be a member of the Orrville YMCA**
- **Fee: \$225 (payment plans available)**
- **Registration begins September 17**
- **Parents meeting Tuesday October 9 at 7:00pm, Orrville YMCA MPR**
- **NOTE: ALL PAPERWORK MUST COMPLETE AND TURNED IN BEFORE FIRST PRACTICE**

HIGH SCHOOL TEAM: Season November – February. Practice begins November 5: Monday-Friday 3:30-5:00pm.

- **Must be a member of the Orrville YMCA**
- **Fee: \$200 (payment plans available)**
- **Registration begins Monday October 22**
- **NOTE: ALL PAPERWORK MUST COMPLETE AND TURNED IN BEFORE FIRST PRACTICE**

